

# VHS Family in Focus

The Company Newsletter of the Virginia Health Services Family

Volume 9



Lisbeth "Dudley" Haas,  
CCRC Administrator



New Entrance of CCRC



Therapy Room at CCRC

## Building on Quality

### VHS Welcomes Coliseum to our family

Virginia Health Services, Inc. (VHS) welcomes Coliseum Park Health care Facility located at 305 Marcella Road, Hampton, VA. Coliseum Park, now *Coliseum Convalescent and Rehabilitation Center (CCRC)* is a 180 bed facility that has served the Hampton Roads area for more than 30 years.

Our initial step in incorporating CCRC into the VHS family was to enhance it's physical plant. The remodeling, construction upgrades and transition will provide additional private rooms, a new state-of-the-art Rehabilitation Suite and a large dining room with lovely home-like atmosphere. CCRC also offers a large courtyard with several outdoor activities for residents and their family and guests to enjoy.

CCRC is conveniently located in the heart of Hampton with easy access to Interstate 64 making it convenient for families traveling east or west.

# And our growth continues



NEW WING AT NORTHAMPTON CONVALESCENT AND REHABILITATION CENTER

We've expanded our rehabilitative units at York Convalescent & Rehabilitation Center as well as at Northampton Convalescent & Rehabilitation Center. The "Colonial" wing at York is a 20-bed unit and the "Wythe" wing at Northampton is a 16-bed unit. Our luxurious private rooms and baths, along with the elegantly appointed private dining and relaxation areas, let our residents enjoy all of the comforts of home while receiving the best recovery care possible. This state-of-the-art expansion allows VHS to offer the highest quality care provided by our professionally licensed staff specializing in physical, occupational, and speech therapy. Our dedicated therapy team is committed to making a difference and returning our residents to their highest level of function.



NEWLY RENOVATED THERAPY ROOM AT YORK CONVALESCENT AND REHABILITATION CENTER

## VHS Gives Back...

Our staff at VHS believe it is important to be active and involved in the community. Thanks to their dedication,

*In September*, VHS donated windbreakers and sweatshirts to The Menchville House, an emergency housing facility for women and children, City of Newport News Office of Human Affairs, and Avalon, a shelter that provides support to those experiencing domestic violence and sexual assault.

*In October* our VHS team walked in the Alzheimer's Memory Walk and sold raffle tickets to help raise money and awareness. We also dressed in Pink to raise money for the American Cancer Society.

*In November*, VHS has committed to kicking off a campaign to benefit the United Way of the Virginia Peninsula.

Thank you to our VHS family. Your commitment and involvement **does** make a difference.

# In the care of people you know.

DR. ROBERT E. WALTERS, JR.



## VHS Welcomes Vice President of Clinical Affairs

VHS announces Robert E. Walters, Jr., M.D., will fill the newly created position, Vice President of Clinical Affairs, beginning immediately.

Walters will be responsible for overseeing the VHS medical and nursing clinical operations team, including the new Assisted Living Facility scheduled to open January 2014.

Dr. Walters was born in New Orleans, La., and received his M.D. from Tulane University School of Medicine. He completed his Internal Medicine Residency and Geriatrics Fellowship at Wake Forest University Baptist Medical Center in Winston-Salem, N.C.

Dr. Walters currently resides in Williamsburg with his wife and three children.

## Former Redskins Player and CCRC Resident

Buddy is known for his friendly personality and quick wit, not to mention his athletic ability. He played high school football for the Hampton Crabbers before he was drafted to the NFL.

Between seasons with the Redskins, Buddy received his Bachelor of Science degree from William and Mary. Buddy credits his mother and father for his accomplishments stating "my mom and dad were the greatest in the world. One of my best memories while playing football was when my parents drove 8 hours to see me play and I intercepted for a touchdown."

Buddy joined Coliseum four years ago. "It is home" he tells me "my parents are deceased and Coliseum has become my family. I feel safe here," and with a big smile he adds. "They spoil me."

MR. HENRY "BUDDY" ROGERS



MR. JEFFREY L. MENDELSON



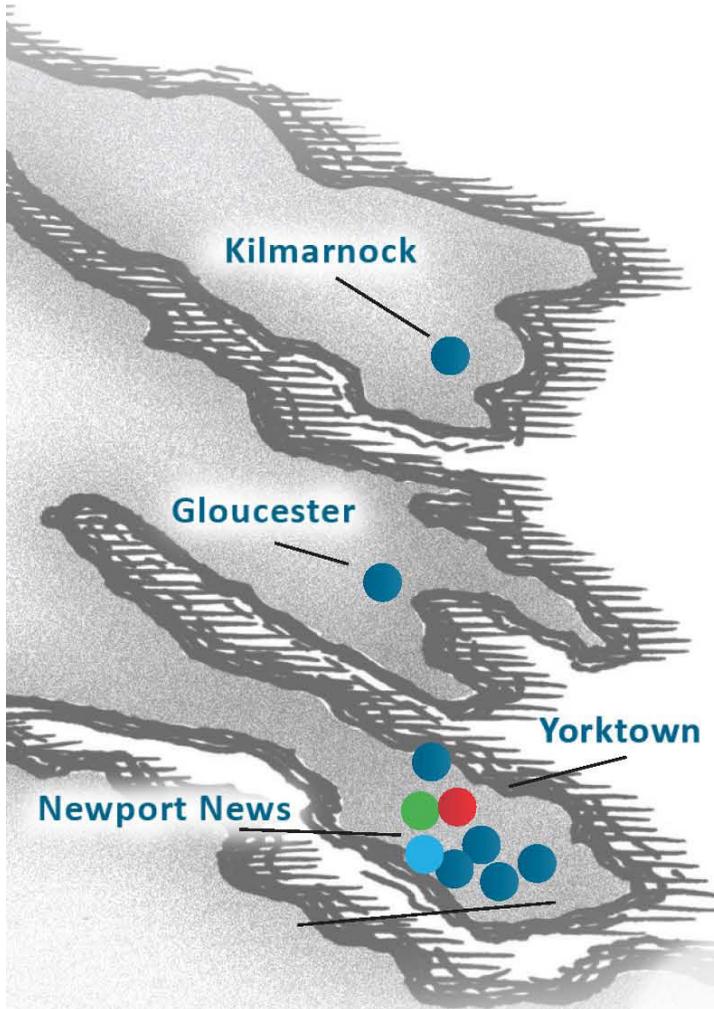
## From the Desk of the CEO

We are so very pleased to announce Coliseum Convalescent and Rehabilitation Center (CCRC) as the newest member of the VHS family.

Our growth continues with the expansion of York Convalescent and Rehabilitation Center and Northampton Convalescent and Rehabilitation Center. We are also pleased to announce our corporate office has relocated to Port Warwick in the heart of Newport News. Renovations are continuing as James River will soon be an entire skilled facility of private rooms and baths. Also reservations are now being accepted for The Huntington at The Newport, our first Assisted Living Facility as our goal of a continuum of care for our VHS family moves forward.

# It is nice to know the best healthcare is in your neighborhood.

## Announcing the next generation in our continuum of care



**Virginia Health Services** provides a continuum of care that blends seamlessly from one stage of need to another.

### ● Retirement Living Community

#### **The Arbors at Port Warwick**

Leave the responsibilities of home ownership behind and live in a charming apartment in the Peninsula's most elegant residence for active seniors.

### ● Assisted Living Community (Coming This Winter)

#### **The Huntington at The Newport**

Scheduled to open this winter, The Huntington will offer luxury assisted living. Applications are now being taken, so contact us soon if you or your loved one would benefit from this high level of care.

### ● Convalescent & Rehabilitation Facilities

#### **James River, The Newport, Northampton, Coliseum, York, Walter Reed and Lancashire**

Providing care for patients needing extensive rehabilitative therapy or 24 hour nursing care. Skilled care is available.

### ● Rehabilitation Services

#### **Virginia Health Rehab**

State-of-the-art outpatient facility located in the heart of Port Warwick. Providing patient centered Physical, Occupational & Speech therapy.

### ● Medical Equipment and Supplies

#### **Virginia Health Medical Sales**

Meeting your needs for durable medical outpatient equipment, delivered to your door.

### ● Pharmaceutical Services

#### **Virginia Pharmaceutical Services**

Founded in 2011 as a comprehensive pharmacy that offers a full array of services to meet each individual clients needs. VPS supports various types of health care environments, including assisted living communities, convalescent and rehabilitation facilities.



**Virginia Health Services**

*"In the care of people you know."*